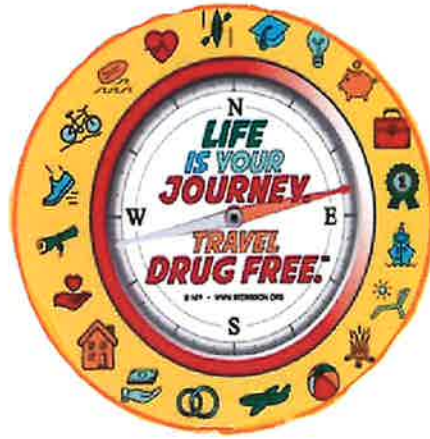


## DRUG PREVENTION POLICY

GEMS Our Own Indian School



Approved by:

Ms. Kavitha.N.S

Date: 7-04-25

Last reviewed on:

07-04-26

Next review due by:

07-04-27



## Contents

1. Policy Statements.....	3
2. Objectives.....	3
3. Scope.....	3
4. Preventive measures .....	3
5. Roles and responsibilities.....	4
6. Early identification and Intervention.....	5
7. Collaboration with External Agencies.....	5
8. Monitoring and review .....	5
9. Confidentiality .....	5
10. Review .....	5
11. Reference.....	5



## 1. Policy Statement

GEMS Our Own Indian School is committed to ensuring a safe, healthy, and supportive learning environment that promotes the physical, mental, and social well-being of all students. The school strongly upholds the UAE's laws and regulations related to the prevention of narcotics, psychotropic substances, and smoking. This policy aims to raise awareness, prevent substance abuse, and provide timely intervention and support to students who may be at risk.

## 2. Objectives

To promote awareness of the dangers of narcotics, psychotropic substances, and smoking.

To equip students with essential life skills for making responsible decisions and resisting peer pressure.

To foster collaboration among students, parents, teachers, and the wider community to prevent substance abuse.

To establish clear procedures for early identification, intervention, and referral of students at risk.

To align school practices with KHDA and UAE National Anti-Narcotics regulations.

## 3. Scope

This policy applies to all students, teaching and non-teaching staff, and visitors within the school premises or during any school-related activities.

## 4. Preventive Measures

### 4.1 Awareness and Education

Conduct regular awareness programmes in coordination with relevant authorities on:

- The harms of narcotics, psychotropic substances, and smoking.
- Legal consequences under UAE law.
- Importance of physical fitness, nutrition, and mental health.

Integrate drug awareness and healthy lifestyle messages within the school curriculum and assemblies.

Organize workshops for students, parents, and teachers on early warning signs, prevention, and healthy coping mechanisms.



#### **4.2 Life Skills Development**

Decision-making and problem-solving.

Managing stress and emotions.

Building healthy friendships and refusing peer pressure.

Productive use of leisure time.

### **5. Roles and Responsibilities**

#### **5.1 School Principal**

Ensure the implementation and monitoring of the Drug Prevention Policy.

Maintain coordination with relevant health, security, and social authorities.

Ensure all staff attend training related to student guidance and substance prevention.

Provide a safe, supportive environment for students to discuss their concerns.

#### **5.2 Psychological and Social Specialists**

Provide counselling and develop support plans involving teachers and parents.

Conduct awareness sessions for teachers and parents.

Refer students for external services when necessary and ensure post-treatment follow-up.

Support reintegration of recovering students into the school community.

#### **5.3 Teachers**

Act as positive role models and foster a safe and inclusive classroom environment.

Integrate preventive education into class discussions where appropriate.

Observe and report early indicators such as absenteeism, academic decline, or behavioral changes.

Collaborate with the social and psychological teams for early intervention.

#### **5.4 Parents**

Participate in awareness programmes.

Encourage open communication with children about peer influence and risks.

Support school initiatives and collaborate in prevention and intervention strategies.

## 6. Early Identification and Intervention

Teachers and staff must report suspected cases or risk behaviors to the School Counsellor or Social Worker. The student will be confidentially assessed and supported in line with KHDA guidelines. Referral to external agencies (e.g., health, psychological, or rehabilitation services) will be made if necessary. Continuous follow-up and reintegration support will be provided post-intervention.

## 7. Collaboration with External Agencies

The school will work in partnership with relevant authorities such as the Dubai Police Anti-Narcotics Department, Health Authorities, and KHDA, as well as local organizations conducting awareness, assessment, and training.

## 8. Monitoring and Review

The school will review this policy annually or when updates to UAE or KHDA regulations occur. Effectiveness will be evaluated through feedback, attendance in awareness sessions, and student well-being surveys.

## 9. Confidentiality

All cases and discussions regarding substance-related concerns will be handled with utmost confidentiality, ensuring the dignity and privacy of the student and family involved.

## 10. Conclusion

GEMS Our Own Indian School is committed to nurturing responsible, healthy, and informed students who can make wise choices and lead substance-free lives in alignment with the values and vision of GEMS Education and the UAE community.

## 12. Reference

Knowledge and Human Development Authority (KHDA). (Year). *Guide to Drug Prevention*. Dubai: KHDA

---

